



Egyptian Society of  
CARDIOLOGY

# ACT

ADVANCED  
CARDIOMETABOLIC  
TRIAD

ENHANCING EDUCATION

---

● HYPERTENSION ● DYSLIPIDEMIA ● DIABETES

Thursday, 29 March 2018

17:00

REGISTRATION

OPENING & INTRODUCTION

17:30-18:00 Opening & Introduction to the ACT

Mohamed Khattab *President of ESDL*

Magdy Abdel Hamid *President of EgSC*

Sameh Shaheen *Immediate Past President of EgSC*

FOCUS ON DIABETES

18:00-18:50

Lectures

Chairpersons: *in alphabetical order*

Hosam Hasan, Assiut

Magdy Abdel Hamid, Cairo

Salah Shelbaya, Ain Shams

Sameh Shaheen, Ain Shams

Sherif Hafez, Cairo

Yehia Ghanem, Alexandria

18:00-18:20 Cardiovascular Disease & Diabetes Mellitus  
Sameh Shaheen **Ain Shams**

18:20-18:50 Plenary Lecture – ADA Guidelines  
Mohamed Khattab **Cairo**

## Thursday, 29 March 2018

### 18:50-19:50 Cases from my Clinic

**Chairpersons:** *in alphabetical order*

Mohamed Khattab, Cairo

Sameh Shaheen, Ain Shams

Sherif Hafez, Cairo

Hosam Hasan, Assiut

- |                    |   |                   |
|--------------------|---|-------------------|
| <b>18:50-19:10</b> | Options after Metformin<br><b>Yehia Ghanem</b>  | <b>Alexandria</b> |
| <b>19:10-19:30</b> | Insulin Therapy & Injectable Therapy<br><b>Salah Shelbaya</b>   | <b>Ain Shams</b>  |
| <b>19:30-19:50</b> | Management of Diabetic Patient with<br>Ischemic Heart Disease<br>“Diabetology-Cardiology Team Work”<br><b>Magdy Abdel Hamid</b> | <b>Cairo</b>      |

### 19:50-21:00 Panel Discussion

Hosam Hasan, Assiut

Magdy Abdel Hamid, Cairo

Mohamed Khattab, Cairo

Salah Shelbaya, Ain Shams

Sameh Shaheen, Ain Shams

Sherif Hafez, Cairo

Yehia Ghanem, Alexandria

## Friday, 30 March 2018

13:00-13:30

Coffee Break

### FOCUS ON DYSLIPIDEMIA

13:30-14:10

Lectures

**Chairpersons:** *in alphabetical order*

Assem Seif, Cairo

Hosam Hasan, Assiut

Ihab Attia, Ain Shams

Mohamed Khattab, Cairo

Sameh Shaheen, Ain Shams

13:30-13:50

Dyslipidemia Guidelines

**Khalifa Abdallah**

**Alexandria**

13:50-14:10

How Low should we go with LDL-C?

**Hesham Salah**

**Cairo**

## Friday, 30 March 2018

### 14:10-15:10 Cases from my Clinic

**Chairpersons:** *in alphabetical order*

Hesham Salah, Cairo

Khalifa Abdallah, Alexandria

Mohamed Khattab, Cairo

Nermine Sheriba, Ain Shams

Sameh Shaheen, Ain Shams

**14:10-14:30** Non Statin Therapy: PSCK 9 Inhibitor  
**Ihab Attia** **Ain Shams**

**14:30-14:50** Non Statin Therapy: Ezetimibe & Others  
**Assem Seif** **Cairo**

**14:50-15:10** Role of Statins in Primary Prevention  
**Samir George** **Cairo**

### 15:10-16:10 Panel Discussion

Assem Seif, Cairo

Hesham Salah, Cairo

Ihab Attia, Ain Shams

Khalifa Abdallah, Alexandria

Mohamed Khattab, Cairo

Nermine Sheriba, Ain Shams

Sameh Shaheen, Ain Shams

Samir George, Cairo

## Friday, 30 March 2018

**16:10-16:40**

**Light Lunch**

### **FOCUS ON HYPERTENSION**

**16:40-17:20**

**Lectures**

**Chairpersons:** *in alphabetical order*

Amr El Meligi, Cairo

Mohamed Khattab, Cairo

Sameh Shaheen, Ain Shams

Hosam Hasan, Assiut

**16:40-17:00**

Global Risk Assessment

**Ahmed Shawky Elserafy**

**Ain Shams**

**17:00-17:20**

Hypertension Guidelines 2017

The Time & Guidelines are changing

**Nabil El Kafrawy**

**Menoufia**

## Friday, 30 March 2018

### 17:20-18:40 Cases from my Clinic

**Chairpersons:** *in alphabetical order*

Ahmed Shawky Elserafy, Ain Shams

Mohamed Khattab, Cairo

Nabil El Kafrawy, Menoufia

Sameh Shaheen, Ain Shams

**17:20-17:40** Hypertension, Diabetes & CKD  
**Amr El Meligi** **Cairo**

**17:40-18:00** White Coat Hypertension/ Masked Hypertension  
**Hosam Hasan** **Assiut**

**18:00-18:20** "Gyn-Cardiology" New Prospective in HTN management in female gender  
**Alaa Etman** **NHI**

**18:20-18:40** Hypertension & Elderly  
**Amr El Hadidy** **Cairo**

### 18:40-19:40 Panel Discussion

Ahmed Shawky Elserafy, Ain Shams

Alaa Etman, NHI

Amr El Hadidy, Cairo

Amr El Meligi, Cairo

Hosam Hasan, Assiut

Mohamed Khattab, Cairo

Nabil ElKafrawy, Menoufia

Sameh Shaheen, Ain Shams

### 19:40-20:00 CLOSING REMARKS